



## Select Prescription Drugs with Over-the-Counter Options Excluded from Coverage

Each year, as new drugs are approved or older drugs change in price, we make changes to how they are covered under our plans. We also remove drugs from coverage, if needed. We make these changes to keep costs down, while still allowing choices in care.

### About this list:

**This sheet explains which prescription drugs with over-the-counter options are not covered for most Blue Cross and Blue Shield of Louisiana or HMO Louisiana, Inc. plans. This is not a full list of drugs that are not covered. Please read your plan booklet for more about excluded drugs, as benefits may vary by group and individual plans.**

<b>Common use or health problem</b>	<b>Drug Not Covered</b> <i>These drugs are not covered because they have over-the-counter options.</i>	<b>Over-the-Counter Options</b> <i>You can buy these drugs over the counter.</i>
<b>Acne</b>	<b>benzoyl peroxide products 10% or less strength and combination products (including those with salicylic acid)</b> Examples: BENZEFOAM™ and BENZEFOAMULTRA™, BENZEPRO® products, BENZAC AC® and BENZAC W®, ENZOCLEAR™, VANOXIDE® HC	Store-brand benzoyl peroxide and salicylic acid products, CLEAN & CLEAR® products, NEUTROGENA® products, PANOXYL® products, BPO products, CLEARASIL® products, STRIDEX® products
<b>Allergies</b>	<b>Brand Nasal Steroids</b> BECONASE AQ®, NASONEX®, OMNARIS®, QNASL®, RHINOCORT AQUA®, ZETONNA®	Store-brand fluticasone nasal spray, FLONASE® ALLERGY RELIEF, FLONASE® SENSIMIST™, NASACORT® ALLERGY, RHINOCORT® ALLERGY
<b>Dandruff</b>	<b>Salicylic acid products</b> Examples: KERALYT® products, SALEX® products, SALACYN  <b>Selenium sulfide products</b> Examples: selenium sulfide shampoo, SELRX® shampoo, TERSI foam	Store-brand shampoos and solutions, NEUTROGENA® T/SAL® & T/GEL®, SELSUN BLUE® products
<b>Dry Skin</b>	<b>Ammonium lactate products</b> Examples: LAC-HYDRIN® (cream and lotion)  <b>Urea containing products</b> Examples: ALUVEA™ cream, METOPIC, UREA™ 39.5% cream, urea 20% cream, UTOPIC™ cream, XUREA®	Various store-brand moisturizers lotions or creams, AMLACTIN® products, EXCIPIAL™ products, KERASAL® products

<b>Heartburn</b>	<b>Brand Stomach Acid Reducers</b> ACIPHEX <sup>®</sup> , ACIPHEX <sup>®</sup> SPRINKLE <sup>™</sup> , DEXILANT <sup>™</sup> , dexlansoprazole DR, ESOMEPRAZOLE STRONTIUM, KONVOME <sup>®</sup> , lansoprazole 15 mg capsule, NEXIUM <sup>®</sup> 10 MG, 20 MG, AND 40 MG ORAL GRANULES, NEXIUM <sup>®</sup> DR CAPSULE, PREVACID <sup>®</sup> , PRILOSEC <sup>®</sup> , PROTONIX <sup>®</sup> , RABEPRAZOLE 10 MG, ZEGERID <sup>®</sup>	Store brand lansoprazole or omeprazole, NEXIUM <sup>®</sup> 24HR, PREVACID <sup>®</sup> 24HR, PRILOSEC OTC <sup>®</sup>
<b>Pain or inflammation</b>	<b>Oral Pain Medication</b> ANAPROX <sup>®</sup> DS, ATHROTEC <sup>®</sup> 50 and 75, CELEBREX <sup>®</sup> , DAYPRO <sup>®</sup> , DICLOFENAC 35 MG capsule, diclofenac 25mg tablet, EC- NAPROSYN <sup>®</sup> , ec-naproxen, FELDENE <sup>®</sup> , FENOPROFEN 200 mg and 400 mg CAPSULES, fenopropfen 600 mg tablet, FENOPRON, FENORTHO <sup>™</sup> , ibuprofen suspension, INDOCIN <sup>®</sup> SUSPENSION, indomethacin suspension, INDOMETHACIN 20 MG capsule, ketoprofen 25 mg capsule, ketoprofen extended release 200 mg capsule, kiprofen 25 mg, LODINE <sup>®</sup> , meloxicam suspension, MOBIC <sup>®</sup> TABLET and SUSPENSION, NALFON <sup>®</sup> CAPSULE, NALFON <sup>®</sup> TABLET, NAPRELAN <sup>®</sup> , NAPROSYN <sup>®</sup> TABLET and SUSPENSION, naproxen sodium er/cr, naproxen suspension, naproxen-esomeprazole, QMIIZ <sup>™</sup> ODT, RELAFEN <sup>®</sup> DS, TIVORBEX <sup>®</sup> , TOLECTIN 600 mg, VIVLODEX <sup>®</sup> , VOLTAREN <sup>®</sup> XR, ZIPSOR <sup>®</sup> , ZORVOLEX <sup>™</sup>	ADVIL <sup>®</sup> , ALEVE <sup>®</sup> , store brand ibuprofen suspension, MEDIPROXEN, MOTRIN <sup>®</sup> , store brand naproxen
	<b>Topical Pain Medication</b> DICLOFENAC PATCH, FLECTOR <sup>®</sup> , LICART <sup>™</sup> , PENNSAID <sup>®</sup> , VOLTAREN <sup>®</sup> GEL	VOLTAREN ARTHRITIS PAIN, store- brand arthritis pain relieving diclofenac sodium
<b>Prenatal Vitamins</b>	<b>Brand Prenatal Vitamins</b> BAL-CARE <sup>™</sup> DHA ESSENTIAL, CITRANATAL <sup>®</sup> 90 DHA, CITRANATAL ASSURE <sup>®</sup> , CITRANATAL B-CALM <sup>®</sup> , CITRANATAL BLOOM <sup>™</sup> , CITRANATAL <sup>®</sup> DHA, CITRANATAL HARMONY <sup>®</sup> , CITRANATAL <sup>®</sup> RX, CONCEPT DHA <sup>™</sup> , CONCEPT OB <sup>™</sup> , DUET <sup>®</sup> DHA, DUET <sup>®</sup>	PRENATAL, ONE A DAY PRENATAL, SMARTYPANTS, MYKIND, store-brand prenatal vitamins

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DHA BALANCED, ENBRACE HR™, FOLET ONE™, KOSHER PRENATAL PLUS IRON, MARNATAL-F, NATACHEW®, NESTABS® ABC, NESTABS® DHA, NESTABS® ONE, NESTABS®, NEXA PLUS®, OB COMPLETE® ONE, OB COMPLETE® PETITE, OB COMPLETE® PREMIER, OB COMPLETE™/DHA, OBSTETRIX ONE, OBTREX™ DHA, O-CAL, PNV PRENATAL PLUS MULTIVIT+DHA, PREFERA OB®, PRENATA, PRENATAL, PRENATAL 19, PRENATE® AM, PRENATE DHA®, PRENATE®, PRENATE ELITE®, PRENATE® ENHANCE, PRENATE ESSENTIAL®, PRENATE MINI®, PRENATE PIXIE®, PRENATE® RESTORE, PRENATE® STAR, PRENATE®, PRIMACARE™, PROMAR, PROTECTBONE, PROVIDA OB™, PUREFE OB PLUS, R-NATAL OB, RENAX, SELECT-OB®, SELECT-OB®+DHA, THRIVITE RX, TRICARE® PRENATAL DHA ONE®, TRICARE®, TRISTART™ DHA, VITAFOL® FE, VITAFOL® GUMMIES, VITAFOL® ULTRA, VITAFOL®-NANO, VITAFOL®, VITAFOL®-OB, VITAFOL®-OB+DHA, VITAFOL®-ONE, VITAMEDMD® ONE RX/QUATRE, VITAMEDMD® REDICHEW® RX, VITAPEARL™, VITATRUE®, VP-PNV-DHA

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**Key:** BRAND medications are listed in UPPER CASE and generics in lower case.